



**BUCKS AND MONTGOMERY COUNTY SCHOOLS
HEALTH CARE CONSORTIUM**

We are pleased to inform you that through your school entities participation in the Bucks and Montgomery County Schools Health Care Consortium, you are being provided with access to **Health Advocate**, a new benefit for our employees and their eligible family members.

Health Advocate, the nation's leading independent healthcare advocacy and assistance company, offers **two personalized services**, accessed through the same number. The services are designed to help you resolve healthcare and insurance-related issues, and to improve your health. Health Advocate is available 24/7, and ensures that all personal information is kept confidential and private.

Feature 1: Healthcare Help

Provides the right answers at the right time

You have unlimited access to a highly trained Personal Health Advocate (PHA), who can help you navigate the healthcare and insurance systems, efficiently and dependably. The PHA can help you find the right providers, negotiate fees on uncovered medical bills, locate second opinions, provide cost estimates for medical procedures and much more.

Feature 2: Wellness Program

Helps you get—and stay—healthy

You can contact a personal Wellness Coach by email, telephone or online chat, who will motivate you to lose weight, stop smoking, eat better or reach other personal health goals, no matter how busy your schedule. A wide range of online health tools can help keep you on track.

Who is Eligible?

The Advocacy Services are available to you, your spouse, dependent children and your parents and parents-in-law. The Wellness Program covers you, your spouse, and dependent children age 18 and older. Please note that the Health Advocate services (both advocacy and wellness) are offered to you only if you are enrolled in the medical and pharmacy plans offered through the Consortium.

Take Advantage of your Health Advocate Benefit

- **Effective date: 10/1/2013**
Review the Health Advocate Get Started Guide for additional details
- **Just call the toll-free number: 866.695.8622** to reach Health Advocate's Healthcare Help and Wellness Support services.

The Consortium's decision to offer the Health Advocate services reflects our interest in making certain that our employees have the best possible healthcare and to assist our members in improving and maintaining their overall health and well-being.

We believe that you and your family will greatly benefit from Health Advocate.

Sincerely,

Jim Sando, Chair

Dr. Barry Galasso, Vice-Chair